

# Kansas WIC Program

## Approved Foods

### Summary of Changes

This summary details changes that are effective March 1, 2014. These changes affect WIC checks that are printed after February 28. WIC checks printed prior to March 1 will contain foods from the current approved list which was effective October 2011.

Please refer to the WIC “2014” Program Booklet for detailed information on approved foods. These will be shipped to local agencies in mid-February.

#### MAJOR CHANGES:

##### Milk (includes Lactose Free, Evaporated and Dry Milk)

- ◆ **Changed from Any Brand to Store brand or Least Expensive brand available**
- ◆ **Added no glass containers**

##### Cheese

- ◆ **Changed from Any Brand to Store brand or Least Expensive brand available**

##### Eggs

- ◆ **Changed from Any Brand to Store brand or Least Expensive brand available**

##### Breakfast Cereal

- ◆ Remained Brand Specific –**Approved cereal sizes changed from specific sizes of 12, 18, 24, or 36 to 11 oz packages up to 36 oz packages**

#### MINOR CHANGES:

##### Baby Food - Fruits and Vegetables

- ◆ **Changed jar to container**
- ◆ **Removed multi-packs**

##### Juice

- ◆ Remained Brand Specific, **Added blends and Removed IGA Value Time**

##### Canned Beans

- ◆ Remained Any Brand – **Removed list of types**

#### NO CHANGES:

- |                       |                 |
|-----------------------|-----------------|
| ◆ Fruits & Vegetables | ◆ Peanut Butter |
| ◆ Fish                | ◆ Whole Grains  |